

# STOP THE SPREAD OF + COVID-19 +

FACE COVERINGS REQUIRED

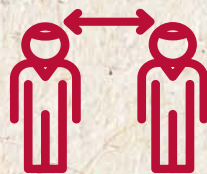
## ASK YOURSELF:

- Have you been in close and prolonged physical contact (within less than 6 feet for at least 10 minutes) with an individual who has tested positive for or been diagnosed with COVID-19, or exposed to their cough or sneeze, within the last 14 calendar days; or have you tested positive for or been diagnosed with COVID-19 within the last 14 calendar days?
- Have you had a fever or felt feverish in the past 72 hours?
- Have you taken any fever-reducing medication to reduce a fever in the past 72 hours?
- Have you had cough, shortness of breath, or any other symptoms of COVID-19 (muscle aches, headache, sore throat, diarrhea, or loss of taste or smell) within the last 72 hours?

MY  COMMUNITY IS  
SAFER BECAUSE I DO MY PART.



WASH YOUR  
HANDS



STAY  
APART



WEAR A  
MASK

SEE ALL SAFETY GUIDELINES: [Z.UMN.EDU/COVID19](https://z.umn.edu/covid19)