Students living off campus—steps to take with a confirmed or possible COVID-19 diagnosis

Off-campus housing is considered any privately rented apartments or houses near campus, and any fraternity or sorority houses.

**MAKE A PLAN**
Students and families make a contingency plan in case they are exposed to or test positive for COVID-19.

**STUDENT DEVELOPS SYMPTOMS**
Student contacts Health Center at 218-281-8512, or calls their personal healthcare provider.

**IF STUDENT RECEIVES A POSITIVE TEST RESULT**
- Student informs Health Center of positive test and isolates at home.
- Student contacts faculty about ongoing academic support if missing class. (Student is not required to disclose isolation or quarantine status.)
- Student contacts Health Center if condition changes or worsens.
- Student does not attend class, use dining facilities, or participate in live events.
- Student leaves isolation based on health care base practices and returns to on-campus activities.

**STUDENT ISASSESSED**
- Health Center staff or personal healthcare provider assess student’s symptoms, determines if testing is needed, and advises on health care best practices.
- If a test is taken, follow instructions for a positive or negative result.

**IF STUDENT RECEIVES A NEGATIVE RESULT**
- Student continues to quarantine until symptoms have resolved.
- Student practices physical distancing, personal hygiene, and use of face coverings.
- Student does not attend class, use dining facilities, or participate in live events.
- Student continues to monitor personal health and contacts Health Center if needed.

**CONTACT TRACING AND QUARANTINE**
- Students, faculty, staff, or others who may have had close contact with a confirmed positive case will be notified by Polk County Public Health through contact tracing.
- After 14 days with no symptoms student returns to class, may use dining facilities, and participate in events. If student develops symptoms during this time, they would follow the outlined process.
- Names of people who test positive or who may have been exposed will not be released, per HIPAA and FERPA rules.

**WHO TO CONTACT**
Health Center: 218-281-8512
Classes and Academic Support: Contact instructors or advisor.

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**Case:** Someone who has had a confirmed positive test for COVID-19.

**Close contact:** Spending at least 15 minutes or more while fewer than 6 feet from someone who has a confirmed case of COVID-19 disease.

**Isolation:** When someone has a confirmed case of the virus and is asked by local health authorities to stay in one place away from others for 10 days after symptoms first appear, has gone 24 hours without a fever, and symptoms improve.

**Quarantine:** When someone who has been in close contact with someone who is confirmed to have the virus stays in one place away from others for 14 days after close contact to avoid transmitting it to others.